Peace Country Classic

Hosted by: Peace Country Wolves Athletics Club



May 11, 2024 Legion Field Grande Prairie, Alberta

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Host Committee

Name	Position	Phone Number	Email
Christopher Nelissen	Meet Director/Head Track Marshall	780-518-7467	contact.wolvesac@gmail.com
Louis Chabot	Co-Meet Director/Head Field Marshall	587-343-1321	louis.chabot@gppsd.ab.ca
	First Aid Contact	TBD	
	Entries and Results	780-518-7467	pcc.pcwolves@gmail.com

Competition Site

Legion Field – North of the GP Composite High School Grande Prairie, AB T8V 8G7

Facility Information

400 m – 8 lanes

All-weather track surface suitable for spikes for all jumps and the javelin (6mm or less) Concrete throwing circles for discus and shot put Washroom facilities available on site Free Parking

Secure Storage

No dedicated storage for athlete gear

Please leave valuables with a friend, in a vehicle or at home.

We are not responsible for any lost or stolen items at this event

Tent City

Tents can be set up along the outside perimeter of the Track. See blue marks on photo for tent placements.



Entries and Registration

- Entries submitted through Trackie: https://www.trackie.com/event/peace-country-classic/1007413/

Cost

Elementary Athletes	\$15.00 – flat rate
Junior High – Open Athletes	1st Event - \$20.00
Junior High – Open Athletes	\$5.00 for each additional event after 1st

Seed Times: If a runner does not have a seed time for that distance, then approved conversion tables will be used to determine an equivalent time from a comparable distance.

- For runners who have competed in an equivalent race during the year they must use the time achieved from that season and not an equivalent from a different race.
- If a runner has not competed over any distance in that season, then they must use no time (NT) as their seed time.

Age Categories

Age Category	Description
Junior Elementary	Currently in Grades 1 - 3
Senior Elementary	Currently in Grades 4 – 6
Junior High Junior	Currently in Grades 7 Under 13 by September 1, 2023
Junior High Intermediate/Senior	Currently in Grades 8/9 Under 15 by September 1, 2023
Senior High Junior	Under 16 by September 1, 2023 (Born 2007 or later)
Senior High Intermediate	Under 17 by September 1, 2023 (Born 2006 or later)
Senior High Senior	Under 19 by September 1, 2023 (Born 2005 or later)
Open	Over 19 by September 2, 2023 (Born in 2004 or earlier)

Events – Men and Women

	Junior Elementary	Senior Elementary	Junior High	Senior High Junior	Senior High Intermediate	Senior High Senior	Open
60 m	х	Х		Julioi		Octiloi	
100 m			Х	Х	Х	Х	Х
200 m			Х	Х	х	Х	Х
400 m	х		Х	Х	х	Х	Х
800 m		х	Х	Х	Х	Х	Х
1500 m			Х	Х	Х	Х	Х
3000 m			Х	Х	Х	Х	Х
Sprint			Х	Х	Х	Х	Х
Hurdles							
Intermediate Hurdles				X – 300m	X – 300m	X – 300m	X – 400m
4x100 m relay		х	Х	Х	х	Х	Х
Standing Long Jump	х						
Long Jump		Х	Х	Х	Х	Х	Х
High Jump			Х	Х	Х	Х	Х
Triple Jump			Х	Х	Х	Х	Х
Ball Throw	Х						
Shot Put		X*	Х	Х	Х	Х	Х
Discus			Х	Х	Х	Х	Х
Javelin			Х	Х	Х	Х	Х

^{*}senior elementary shot put: Coaches/parents, please educate your athletes on proper shot put technique, throwing action will be recorded as a fault, with no exceptions.

Technical Information

Event Timing – Plunge timing only – No Photo timing available

Results will be posted on the south side of the legion tower along with heat sheets

Results for male events on blue paper, results for female events on pink. No pink or blue, no posted result

^{*} This is not an Athletics Alberta sanctioned meet – Results will not go towards Athletics Canada Rankings*

Competition

- Races will be timed finals in all events
- False Starts: 1st false start will be charged to the field, any false starts following will result in a disqualification
- Field events will contest 3 attempts with the top 8 receiving another 3 attempts.
- All-weather track surface suitable for spikes for all jumps and the javelin.
- Age and Gender categories will be combined into consolidated heats and flights where/when it makes sense
- Track events take precedence over field events. An athlete entered in a track and a field event at the same time, must check in at the field event, inform the official that he/she is running in another event, and then proceed to the track event.
- Check in/marshall at the starting line or at the field event.

Event Awards

- 1st, 2nd and 3rd place ribbons will be awarded following the posting of results

<u>Tentative Meet Schedule – Finalized Scheduled</u> out May 10

TRACK				FIELD			
9:00	3000m	Junior High, Senior High, Open		9:00	Standing Long Jump – Boys & Girls	Junior Elementary	
				9:15	Discus - Men	Junior High, Senior High, Open	
				9:30	Shot Put- Women	Junior High, Senior High, Open	
9:45	60m	Elementary					
10:00	100m	Junior High, Senior High, Open		10:00	Long Jump – Boys & Girls	Senior Elementary	
				10:30	Discus - Women	U14/U16, U18, Open	
				10:45	Shot Put - Men		
11:10	400m	Junior Elementary		11:10	High Jump – Women and Men	Junior High, Senior High, Open	
11:15	800m	Senior Elementary, Junior High, Senior High, Open		11:15	Ball Throw – Boys & Girls	Junior Elementary	
				11:45	Shot Put – Boys and Girls	Senior Elementary	
12:15	Sprint Hurdles	Junior High, Senior High, Open					
		LUNCH BR	RE	AK	1		
1:30	200m	Junior High, Senior High, Open		1:30	Javelin - Women	Junior High, Senior High, Open	
				1:30	Long Jump - Men	Junior High, Senior High, Open	

2:15	1500m	Junior High,			
		Senior High,			
		Open			
2:45	Intermediate	Junior High,	2:25	Javelin -	Junior High,
	Hurdles	Senior High,		Men	Senior High,
		Open			Open
			2:30	Long Jump	Junior High,
				- Women	Senior High,
					Open
3:00	400m	Junior High,			
		Senior High,			
		Open			
4:15	4 x 100 Relay	All	3:45	Triple	Junior High,
				Jump –	Senior High,
				Women	Open
				and	
				Men	