

NWSAA Zone Track Meet Schedule Friday, May 27, 2022

| NWSAA Zone Track Meet Schedule Friday, May 27, 2022 | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---|--------------------------------|-------|--------------------|---------|--------------|-------|--------------|-------|--------------------|-------|--------------|---------|----------|--------------------------------|-------|-------------------|-------|--------------|---------|--------------|-------|------------------|---------|------------|--------------|------|
| Friday | WOMEN | | | | | | | | | | | | Friday | MEN | | | | | | | | | | | | |
| | Junior High | | | | | | Senior High | | | | | | | Junior High | | | | | | Senior High | | | | | | |
| | Junior Girls | | Intermediate Girls | | Senior Girls | | Junior Women | | Intermediate Women | | Senior Women | | | Junior Boys | | Intermediate Boys | | Senior Boys | | Junior Men | | Intermediate Men | | Senior Men | | |
| Time | Track | Field | Track | Field | Track | Field | Track | Field | Track | Field | Track | Field | Time | Track | Field | Track | Field | Track | Field | Track | Field | Track | Field | Track | Field | |
| 10:00 AM | 100m (H) | LJ | 100m (H) | | 100m (H) | | | | | Disc | | | 10:00 AM | | TJ | | | | Javelin | | Shot | | | | | HJ |
| 10:20 AM | | | | | | | 100m (H) | | 100m (H) | | | | 10:20 AM | | | | | | | | | | | | | |
| 10:40 PM | | | | | | Disc | | LJ | | | | | 10:40 PM | 100m (H) | | 100m (H) | | 100m (H) | | | | | | TJ | | |
| 11:00 PM | | | | HJ | | | | | | | | | 11:00 PM | | | | Shot | | | 100m (H) | | 100m (H) | | | 100m (H) | |
| 11:20 PM | 400m (TF) | | 400m (TF) | | 400m (TF) | | | | | | | | 11:20 PM | | | | | | | | | | | | | |
| 11:40 PM | | | | | | | 400m (TF) | | 400m (TF) | | 400m (TF) | | 11:40 PM | | Disc | | | | LJ | | TJ | | | | | |
| 12:00 PM | | | | Javelin | | | | | | | | Shot | 12:00 PM | 400m (TF) | | 400m (TF) | | 400m (TF) | | | | | | | | |
| 12:20 PM | | | | | | HJ | | | | | | | 12:20 PM | | | | | | | 400m (TF) | | 400m (TF) | | | 400m (TF) | |
| 12:40 PM | 1500m | | 1500m | | 1500m | | 1500m | | 1500m | TJ | 1500m | TJ | 12:40 PM | | | | LJ | | | | | | | | | Disc |
| 1:00 PM | | Shot | | | | | | | | | | | 1:00 PM | 1500m | | 1500m | | 1500m | | 1500m | | 1500m | | 1500m | | |
| 1:20 PM | 100m (F) | | 100m (F) | | 100m (F) | | | HJ | | | | | 1:20 PM | | | | | | | | | | | | | |
| 1:40 PM | | | | | | | 100m (F) | Disc | 100m (F) | | 100m (F) | | 1:40 PM | | | | | | | | | | Javelin | | LJ | |
| 2:00 PM | | | | | | TJ | | | | | | | 2:00 PM | 100m (F) | | 100m (F) | HJ | 100m (F) | | | | | | | | |
| 2:20 PM | | | | | | | | | | | | Shot | 2:20 PM | | | | | | | 100m (F) | | 100m (F) | | | 100m (F) | |
| 2:40 PM | 4x400m Relay | | 4x400m Relay | | 4x400m Relay | | 4x400m Relay | | 4x400m Relay | | 4x400m Relay | Javelin | 2:40 PM | | | | | | | | Disc | | LJ | | | |
| 3:00 PM | | | | TJ | | | | | | | | | 3:00 PM | 4x400m Relay | | 4x400m Relay | | 4x400m Relay | Shot | 4x400m Relay | | 4x400m Relay | | | 4x400m Relay | |
| 3:20 PM | | | | | | | 300mH | | 300mH | | 300mH | | 3:20 PM | | | | | | | 300mH | | 300mH | | | 300mH | |
| 3:40 PM | END OF TRACK COMPETITION DAY 1 | | | | | | | | | | | | 3:40 PM | END OF TRACK COMPETITION DAY 1 | | | | | | | | | | | | |
| Pentathlon Events - run at the same time as the Senior Women (SW) and Senior Men (SM) heats and field events. | | | | | | | | | | | | | | | | | | | | | | | | | | |
| WHEN POSSIBLE CATEGORIES WILL BE COMBINED FOR 1500m,3000M, HURDLES, & RELAYS | | | | | | | | | | | | | | | | | | | | | | | | | | |

NWASAA Zone Track Meet Schedule Saturday, May 28, 2022 (Track)

| Saturday | WOMEN | | | | | | | | | | | Saturday | MEN | | | | | | | | | | | | |
|----------|----------------------------------|---------|--------------------|-------|--------------|---------|--------------|---------|--------------------|---------|--------------|----------|----------------------------------|--------------|-------------------|--------------|-------------|--------------|-------------|--------------|------------------|--------------|------------|--------------|------|
| | Junior High | | | | | | Senior High | | | | | | Junior High | | | | | | Senior High | | | | | | |
| | Junior Girls | | Intermediate Girls | | Senior Girls | | Junior Women | | Intermediate Women | | Senior Women | | Junior Boys | | Intermediate Boys | | Senior Boys | | Junior Men | | Intermediate Men | | Senior Men | | |
| Time | Track | Field | Track | Field | Track | Field | Track | Field | Track | Field | Track | Field | Time | Track | Field | Track | Field | Track | Field | Track | Field | Track | Field | | |
| 8:30 AM | 200m (H) | TJ | 200m (H) | | 200m (H) | | | | | | Disc | | 8:30 AM | | | | | | HJ | | LJ | | Shot Put | Javelin | |
| 8:50 AM | | | | | | | 200m (H) | | 200m (H) | | 200m (H) | | 8:50 AM | | | | | | | | | | | | |
| 9:10 AM | | | | | | Javelin | | Shot | | | | | 9:10 AM | 200m (H) | | 200m (H) | | 200m (H) | | | | | | | |
| 9:30 AM | | | | Disc | | | | | | LJ | | HJ | 9:30 AM | | | | TJ | | | 200m (H) | | 200m (H) | | 200m (H) | |
| 9:50 AM | 3000m | | 3000m | | 3000m | | 3000m | | 3000m | | 3000m | | 9:50 AM | | Shot | | Javelin | | | | | | | | |
| 10:10 AM | | | | | | | | | | | | | 10:10 AM | 3000m | | 3000m | | 3000m | | 3000m | HJ | 3000m | | 3000m | |
| 10:30 AM | 80m Hurdles | | 80m Hurdles | LJ | | | | TJ | | Javelin | | | 10:30 AM | 80m Hurdles | | | | | | | | | Disc | | |
| 10:50 AM | | | | | 80m Hurdles | Shot | 80m Hurdles | | 80m Hurdles | | | | 10:50 AM | | | | | | | | | | | | |
| 11:10 AM | | | | | | | | | | | 80m Hurdles | | 11:10 AM | | | 80m Hurdles | | 80m Hurdles | | | | | HJ | | |
| 11:30 AM | | Disc | | | | | | | | | | | 11:30 AM | | LJ | | | | TJ | 80m Hurdles | | 80m Hurdles | | 100m Hurdles | |
| 11:50 AM | 800m | | 800m | Shot | 800m | | | | | | | | 11:50 AM | | | | | | | Javelin | | | | | |
| 12:10 PM | | HJ | | | | | 800m | | 800m | | 800m | | 12:10 PM | | | | | | | | | | | | |
| 12:30 PM | | | | | | | | Javelin | | | | LJ | 12:30 PM | 800m | | 800m | Disc | 800m | | | | | | TJ | |
| 12:50 PM | | | | | | | | | | | | | 12:50 PM | | Javelin | | | | | 800m | | 800m | | 800m | Shot |
| 1:10 PM | 200m (F) | | 200m (F) | | 200m (F) | | | | | | | | 1:10 PM | | | | | | | | | | | | |
| 1:30 PM | | | | | | LJ | 200m (F) | | 200m (F) | HJ | 200m (F) | | 1:30 PM | | | | | | | Disc | | | | | |
| 1:50 PM | | Javelin | | | | | | | | | | | 1:50 PM | 200m (F) | | 200m (F) | | 200m (F) | | | | | | | |
| 2:10 PM | | | | | | | | | | | | | 2:10 PM | | | | | | | 200m (F) | | 200m (F) | | 200m (F) | |
| 2:30 PM | | | | | | | | | | | | | 2:30 PM | | HJ | | | | | | | | | | |
| 2:50 PM | 4x100m Relay | | 4x100m Relay | | 4x100m Relay | | | | | | | | 2:50 PM | | | | | | | | | | | | |
| 3:10 PM | | | | | | | 4x100m Relay | | 4x100m Relay | | 4x100m Relay | | 3:10 PM | | | | | | | | | | | | |
| 3:30 PM | | | | | | | | | | | | | 3:30 PM | 4x100m Relay | | 4x100m Relay | | 4x100m Relay | | | | | | | |
| 3:50 PM | | | | | | | | | | | | | 3:50 PM | | | | | | | 4x100m Relay | | 4x100m Relay | | 4x100m Relay | |
| 4:10 PM | END OF TRACK COMPETITION - Day 2 | | | | | | | | | | | 4:10 PM | END OF TRACK COMPETITION - Day 2 | | | | | | | | | | | | |

Pentathlon Events - run at the same time as the Senior Women (SW) and Senior Men (SM) heats and field events.

WHEN POSSIBLE CATEGORIES WILL BE COMBINED FOR 1500m,3000M, HURDLES, & RELAYS