

Grande Prairie Catholic City Track & Field Championships

WHEN: Monday, May 14th, 2018 from 8:30-2:30 pm.

WHERE: Legion Field, Grande Prairie.

AGE CATEGORIES: Junior = under the age of 13 as of September 1, 2017
Intermediate = under the age of 14 as of September 1, 2017
Senior = under the age of 16 as of September 1, 2017

ENTRY INFO: Coaches will enter students on the Trackie.reg website.

<https://www.trackie.com/online-registration/register/2018-gp-catholic-junior-high-meet/20711/>

Each school is allowed only two athletes per event in each category
Only enter the athletes in a max of 3 events and a relay.

Deadline for entries is Wednesday, May 9th at 3pm.

ENTRY FEE: No charge this year.

TECHNICAL INFO: Each school will be responsible for supervising an event
Participants will be given 3 trials in the throwing and jumping events.
100M and 200M will be run as finals. Coaches please put your strongest runners in A final and the other in the B final.
A final winner will go to zones. B final winner will not go to zones.
ALL TRACK EVENTS will take precedence over field event. Go back to field events to do your trials.
All timing will be hand timed without wind gauges.

ZONE QUALIFIER: Only the 1st place athlete qualifies for zones.
** Please ensure that all athletes know if they can go to zones on May 25th-26th.

Zones will be held in Grande Prairie.

It is very imperative that athletes know if they can attend or not as we will be entering the zone finishers as events are completed during the day/evening on Mon. 14th!!

EVENTS OFFERED: 80M or 100M Hurdles
 100M
 200M
 400M
 800M
 1500M
 3000M
 4x100M Relay

Long Jump
 Triple Jump
 High Jump
 Shot Put
 Discus
 Javelin

FIELD SCHEDULE:

Time	JR Girls	JR Boys	INT Girls	INT Boys	SR Girls	SR Boys
9:00 AM	Long Jump		Discus	Triple Jump	High Jump	Javelin
9:30 AM	Shot Put	Long Jump		Discus	Triple Jump	High Jump
10:00 AM	Javelin	Shot Put	Long Jump		Discus	Triple Jump
10:30 AM	High Jump	Javelin	Shot Put	Long Jump		Discus
11:00 AM	Triple Jump	High Jump	Javelin	Shot Put	Long Jump	
11:30 AM	Discus	Triple Jump	High Jump	Javelin	Shot Put	Long Jump
12:00 PM		Discus	Triple Jump	High Jump	Javelin	Shot Put

TRACK SCHEDULE:

Time	Event	Categories
8:30 AM	80M Hurdles 100M Hurdles	ALL Girls + Jr Boys Int Boys + Sr Boys
9:00 AM	3000M	ALL age Categories
9:30 AM	100M	ALL age Categories
10:30 AM	800M	ALL age Categories
11:15 AM	200M	ALL age Categories
12:30 PM	1500M	ALL age Categories
12:50 PM	400M	ALL age Categories
1:45 PM	4x100M	ALL age Categories