

**2005 Spring Runoff Road Race and Walk
Results**

10 and under 1km race

Boys

Tristen Burrridge - 4:11.2 FSJ
 Benjamin Blackmon - 4:39.7 FSJ
 Justin Bourgeois- 4:44.5 FSJ
 Cayle Bell - 5:16.9 FSJ
 Joel Nalder - 5:27.1 FSJ
 Josh Kreuger - 6:44.0 FSJ
 Brenden Wan - 7:16.3 FSJ
 Joel Bourgeois - 8:04.2 FSJ

Girls

Sandra Olsen - 4:48.2 FSJ
 Amy Popkes - 4:49.9 FSJ
 Cassidy Bell - 6:19.7 FSJ
 Dinuki Adikaram -6:42.1 FSJ
 Ransu Adikaram -7:57.8 FSJ
 Cheyenne Radcliffe -8:07.1 FSJ

5 km Estimated Time Race

Shawn Olsen - FSJ - missed guess by 10 seconds
 Stephen Beard - FSJ - missed guess by 33 seconds
 Gord Zubyck - DC - missed guess by 37 seconds
 Kelly Beard - FSJ - missed guess by 1:00
 Dave Sloan - FSJ - missed guess by 1:15
 Budd Phillips - FSJ - missed guess by 1:16
 Ed Benoit - FSJ - missed guess by 4:15
 Cherie Dunn- FSJ - missed guess by 9:25

5 Km Competitive Walk

Kyle Gardiner- 38:24 FSJ
 Deborah Gardiner - 42:27 FSJ

17-19 - 10 km race

Boys

Trevor Clifford - 38:49 GP
 Ted Sloan - 45:08 FSJ

Girls

Shawna Telford - 51:02 GP

20-34 - 10 km race

Male

1. Fred Settingington -35:19 Peace River
 2. Trevor Kolkea - 37:01 DC
 3. Keith Koebel - 45:46 FSJ
 4. Mike Rowe - 55:03 FSJ

Female

Nicki Hallgan - 44:07 FSJ
 Lori Leduc - 44:52 GP
 Christine Bourgeois - 52:46 FSJ
 Nicole Beaumont - 54:19 FSJ
 Jodie Myers - 1:01:20 FSJ
 Valerie Shipley - 1:01:21 FSJ
 Shelle English - `:01:38 FSJ

35-39 - 10 km race

Female

Lisa Verbisky - 53:35 FSJ

40-49 - 10 km race

Male

Bill Corcoran - 38:52 GP

Duncan Banks- 41:52 GP
Eric Wolf - 42:55 DC
Drake Houssian - 44:52 GP
Rick Scott - 58:49 GP

50 and over - 10 km race
Male

Female

Gord Harris - 43:45 FSJ Alison Tucker - 46:51 Taylor
Patrick Coppens - 49:01 GP
Bryan McBain - 49:30 Berwyn
Jim Peltier - 49:30 FSJ

5 km Recreational Walk

Faith Banks- 38:25 Taylor
Brooke Fenton - 51:15 FSJ
Christine Fenton - 51:16 FSJ
Sheila Tompkins- 1:00:01 FSJ
Eddie Gingras- 1:00:03 FSJ
Shayann Tompkins- 1:00:05 FSJ
Dana Coates- 1:00:06 FSJ

Sheila Tompkins, Faith Banks, and Christine Fenton all received prizes for having their times closest to the "Mystery Time"

11-16 - Moose Fm 3 km Fun Run

Dillon Popkes - 18:45.4 FSJ

Dillon Popkes received prizes from Moose FM for having his time closest to the "Mystery Time".

Kyle Gardiner broke the record in the 5 km competitive walk with a time of 38:24 shattering the old record of 44:47. Alison Tucker of Taylor established the record for the 50 and over womens category with her time of 46:51. Gord Harris of Fort St. John broke his own record in the 50 and over mens 10 km with his time of 43:45 breaking the record he set in 2002 of 44:40.

59 runners and walkers participated under sunny and windy conditions.